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iConnect TW5M31200

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iConnect by Timex TW5M31200 Smartwatch User Manual

Model: TW5M31200

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1. INTRODUCTION

This manual provides instructions for the iConnect by Timex TW5M31200 Classic Square Smartwatch. This device is designed to help you stay connected and track your fitness activities, including steps, heart rate, sleep, and more. It features a touchscreen color display and connects to your smartphone via the iConnect app.

2. SETUP

2.1. Initial Charging

Before first use, charge your smartwatch for at least two hours. Use the provided micro-USB cable to connect the watch to a power source.

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QUICK START GUIDE

www.icconnectsmartwatch.com

Connect the App



Install the iConnect™ By Timex App
Tap Me and select Device Settings
Select "iCon S_LE" to pair with your watch
Tap Pair to connect with your watch

Once connected, the  icon will light up on your watch.



Enable Bluetooth calling and camera remote on iOS

In your phone's Settings, select the Bluetooth menu

Select "iCon S" to pair calling and camera remote with your watch

Charge your watch

Your watch should be charged for at least two hours before first use.



Power button

Hold button for three seconds to power on/off.

Press once to wake. Press within watch interface to return to main menu.

Using your watch

Note:
Tap the Bluetooth logo on your watch menu. Tap search new device. Power on Bluetooth first, tap Yes.



Image: Quick Start Guide illustrating the charging process with a micro-USB cable connected to the watch, alongside other setup steps.

2.2. App Download and Connection

To utilize all features of your smartwatch, download the official iConnect by Timex app from your smartphone's app store (available for iOS and Android).

Download the iConnect By Timex app



Image: The iConnect by Timex app logo, prompting users to download the application.

Once installed, open the app and follow the on-screen instructions to pair your smartwatch. Ensure Bluetooth is enabled on your phone. The app will guide you through the pairing process. A successful connection is indicated by a specific icon on your watch.

3. OPERATION

3.1. Power On/Off and Basic Navigation

To power on the watch, press and hold the side button for three seconds. Press once to wake the screen. To return to the main menu, press the button again.



Image: A close-up of the smartwatch's side, highlighting the power button.

Navigate the watch interface using the color touchscreen display. Swipe to access different functions and tap to select. You can customize the watch face through the app.

3.2. Call Management

The smartwatch allows you to make and receive calls directly from your wrist, thanks to its built-in speaker. When a call comes in, you can answer or decline it on the watch screen. To make a call, use the dialer or contacts feature on the watch, which syncs with your phone.

3.3. Notifications

Receive notifications for texts, emails, and social media apps like Facebook and WhatsApp directly on your watch. Configure which notifications appear via the iConnect app settings on your smartphone.

3.4. Activity Tracking

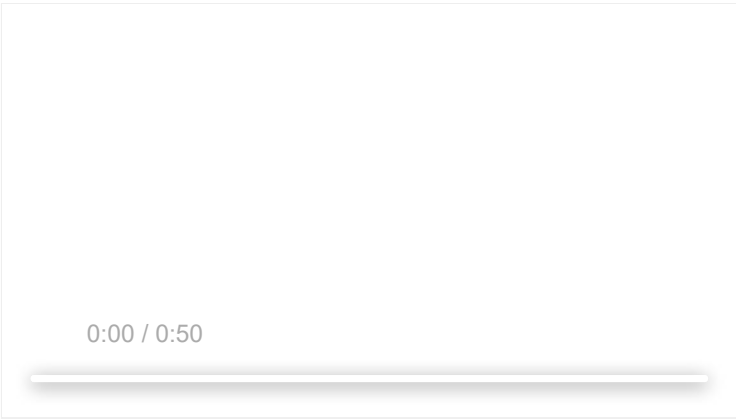
The smartwatch tracks your daily activity, including steps taken, calories burned, and distance traveled. View your progress on the watch display or in detail within the iConnect app.

3.5. Heart Rate and Sleep Monitoring

An optical heart rate monitor provides continuous heart rate data. The watch also tracks your sleep patterns, including sleep duration. Access historical data and insights in the iConnect app.

3.6. Camera Control

Control your smartphone's camera remotely using your smartwatch. This feature is accessible through the iConnect app settings and allows you to trigger your phone's camera shutter from a distance.



Video: This video demonstrates various features of the iConnect by Timex smartwatch, including call handling, activity tracking, notifications, customizable watch faces, sleep monitoring, and remote camera control. It highlights the watch's functionality and integration with the companion app.

4. MAINTENANCE

4.1. Water Resistance

The iConnect by Timex smartwatch is water-resistant. Refer to the water resistance chart below for specific capabilities. Watches labeled water-resistant without a depth indicated can withstand splashes and rain but should not be submerged. To maintain water resistance, do not press any buttons under water unless your watch is indicated as 200 meters water resistant.

DEGREE OF WATER RESISTANCE OF TIMEX® WATCHES						
	 Rain Resistant	 Light Swimming	 Snorkeling	 Poolside Diving	 Surfing	 Recreational Scuba Diving
30 METERS 98 FEET 60 ATMS						
50 METERS 164 FEET 86 ATMS						
100 METERS 328 FEET 160 ATMS						
200 METERS 656 FEET 284 ATMS						
Watches labeled water-resistant without a depth indicated can withstand splashes and rain, but should not be submerged. To maintain water resistance, do not press any buttons under water unless your watch is indicated as 200 meter water resistant.						

Image: A detailed chart explaining the water resistance levels of Timex watches and suitable activities for each rating.

4.2. Cleaning

Clean your smartwatch regularly with a soft, damp cloth. Avoid using harsh chemicals or abrasive materials, as these can damage the device. Ensure the charging contacts are clean and dry before charging.

4.3. Battery Care

The smartwatch uses a Lithium Ion battery. For optimal performance, charge the device regularly. Frequent charging is expected for smartwatches with extensive features. Avoid extreme temperatures, which can affect battery life.

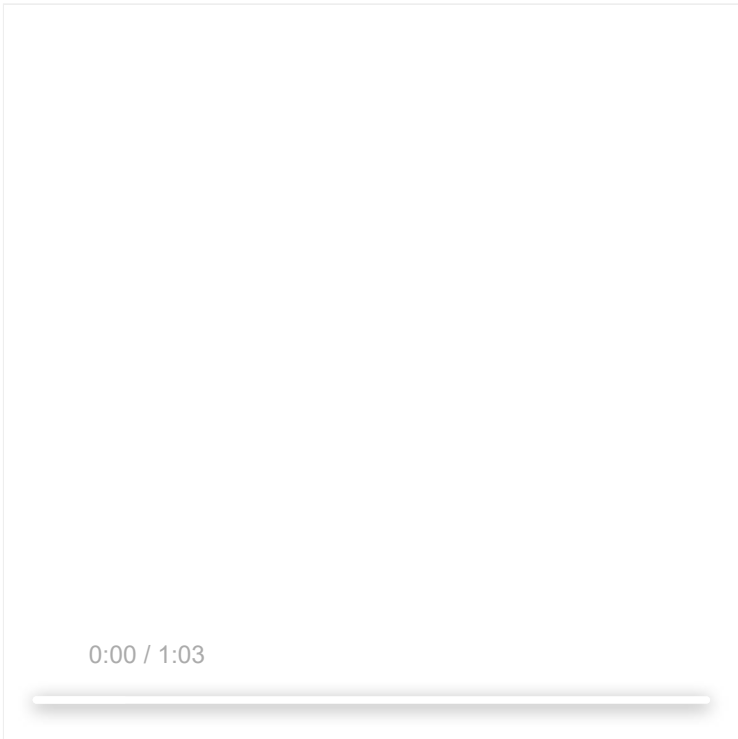
5. TROUBLESHOOTING

- **Device Not Powering On:** Ensure the watch is fully charged. Press and hold the power button for at least 3 seconds.
- **Connection Issues (Bluetooth/App):**
 - Verify Bluetooth is enabled on your smartphone.
 - Ensure the iConnect app is installed and up to date.
 - Restart both your smartwatch and smartphone.
 - Try unpairing and re-pairing the device through your phone's Bluetooth settings and the iConnect app.
 - Check if the app has necessary permissions on your phone.
- **Short Battery Life:**
 - Reduce screen brightness.
 - Limit the number of notifications received.
 - Disable features not actively in use (e.g., continuous heart rate monitoring if not needed).
 - Ensure the watch is fully charged each time.
- **Syncing Problems:**
 - Ensure the watch is connected to the app via Bluetooth.
 - Open the iConnect app to initiate a manual sync.
 - Check your internet connection on your phone.
- **Inaccurate Tracking Data:**
 - Ensure the watch is worn snugly on your wrist.
 - Calibrate the activity tracker if an option is available in the app.

6. SPECIFICATIONS

Model Name	iConnect Square
Model Number	TW5M31200SO
Display Type	Digital, Color Touchscreen
Case Material	Alloy
Band Material	Silicone
Band Width	24 millimeters
Band Length	Up to 8 inches

Operating System Compatibility	Android, iOS
Connectivity	Bluetooth, USB
Battery Type	Lithium Ion (included)
Water Resistance	Waterproof (refer to chart for details)
Metrics Measured	Heart Rate, Sleep Duration, Steps, Calories, Distance
Additional Features	Lightweight, Washable, Call-making, Call-receiving, Notifications (Facebook, WhatsApp, email, text)
Item Weight	2.08 ounces



Video: This video provides a sizing chart for Timex watches, demonstrating how different case sizes appear on wrists of varying circumferences. It helps users visualize the watch's fit.

7. WARRANTY & SUPPORT

7.1. Warranty Information

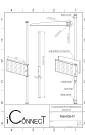
The iConnect by Timex TW5M31200 Smartwatch comes with a Limited Warranty. For specific terms and conditions, please refer to the warranty documentation included with your product or visit the official Timex website. Keep your proof of purchase for warranty claims.

Note: The provided data indicates a "Certificate of Compliance (PDF)" is available. Users may find additional warranty details within this document.

7.2. Customer Support

For further assistance, technical support, or service inquiries, please contact iConnect by Timex customer support. Contact information can typically be found on the official Timex website or within the iConnect app.

Related Documents - TW5M31200

	MYK2003FE Manual: Configuration and Compliance Guide This manual provides detailed information on configuring the MYK2003FE wireless network device, including system, network, and wireless settings. It also covers important FCC and Industry Canada compliance statements.
	iConnect TVL-RH Fold Down Ceiling TV Lift Installation Guide Step-by-step installation guide for the iConnect TVL-RH fold down ceiling TV lift, covering safety, overview, power supply, remote control, and mounting procedures.
	iConnect TVS-FCD-77 Technical Diagram and Specifications Technical diagram and specifications for the iConnect TVS-FCD-77 TV mounting system, detailing dimensions, components, and features of the vertical pole, display plate, and adjustable connection.
	Iconnect 76101 USB Adapter: FCC, RoHS, and RED Compliance Statements Official compliance statements for the Iconnect 76101 802.11ac ultra-range USB adapter, including FCC Part 15, RF exposure, European RED directive, and RoHS regulations.

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

ICONNECT TW5M31200

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