



USER MANUAL

TRAK



- 1 Full IPS Touch Display
- 2 Multi-function Side Button
- 3 Tough Zinc Alloy Built
- 4 Leather Strap

OVERVIEW



Scan the below QR Code to download
the Smart Watch APP

Or, Download YFIT APP from the
PlayStore or APP Store

APP DOWNLOAD



- To attach the straps, slide the pin (the side opposite to quick-release lever) into the notch on the watch. Attach the strap with the clasp to the top of the watch.
- While pressing the quick-release lever inward, slide the other end of the strap into place.
- When both ends of the pin are inserted, release the quick-release lever.

INSTALL STRAPS



- To remove the straps, turn over the watch and find the quick-release lever.
- While pressing the quick-release lever inward, gently pull the strap away from the watch to release it.

REMOVE STRAPS

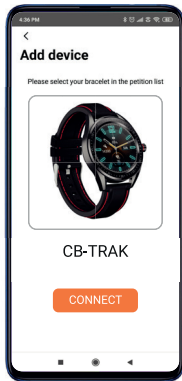


- Charge the smart watch before using
- Full charge in less than 2hours
- Connect the back of the watch to the magnetic charging pin available in the box
- Please use a 5V charging adapter or connect USB with the laptop

NOTE:

Do not use any fast/dash charging adapters.

CHARGING



- Long press the side button of watch for 3-5secs to power on
- Turn on the Phone's Bluetooth and Location Services
- Launch the YFIT APP on your phone
- Fill in your personal details on the APP
- Search for CB-TRAK on the YFIT APP, then add device
- Tap on CB-TRAK to connect

NOTE:

- You have to connect to the watch using the YFIT APP and not your phone Bluetooth.
- All your sports and vital details will be tracked on the watch and then be synchronized on the APP.

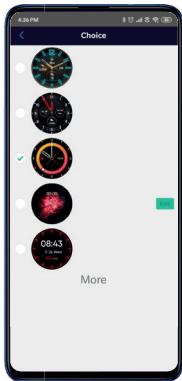
CONNECT



Built in watch faces

- Swipe up on the main interface of the dial until you reach "More" functions.
- Click on "More" and swipe up until you see 'watch faces'.
- Now click to select your favourite watch face from the available options.

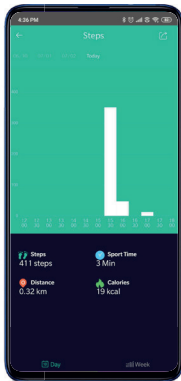
FEATURES



Customize watch face on App

- Go to Yfit APP, select the Device tab.
- Now click on watch faces
- Pick your dial's choice
- Click on the dial 1 - edit to select the picture
- Click 'Ok' on the top right corner to save the changes.

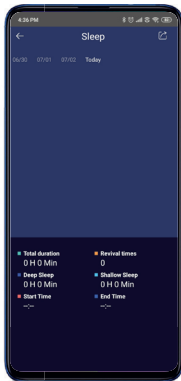
FEATURES



Pedometer/Distance/Calorie Burnt

- Swipe left to right once on the main interface to enter pedometer.
- You can see all the tracked data of steps, distance and calories burnt.

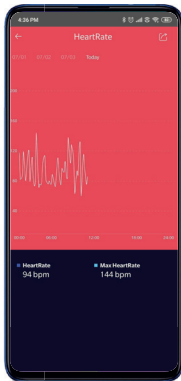
FEATURES



Sleep Monitor

- Swipe left to right twice to enter the sleep monitor on the watch.
- You will be able to see the number of hours slept and also the light and deep sleep analysis.
- On the Yfit APP, click on the sleep function to see a detailed analysis of your sleeping pattern.

FEATURES



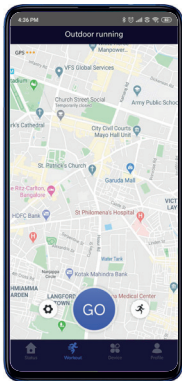
Heart Rate

- Swipe bottom to top once on the main interface to enter the Heart Rate Monitor.

Automatic tracking on App

- Open the APP and go to device
- Open automatic heart rate detection
- Now view detailed analysis on the APP

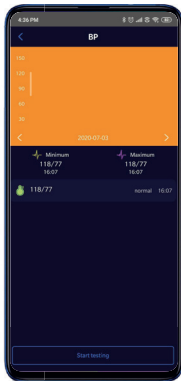
FEATURES



Sports mode

- Swipe up from the main interface until you reach "More".
- Click the "More" option and select sports option.
- Enter a wide array of options in the sports and pick your game to start tracking the vitals.
- In the Yfit APP, select the "Workout" tab and then click on the right-side sports button to enter all the sports options. Pick you sport to see the detailed analysis of your game.

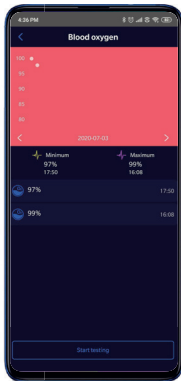
FEATURES



Blood Pressure

- Swipe from bottom to top twice to enter the Blood Pressure.
- Wait for 10 secs for the reading to complete.
- You can see more details on this on your Yfit app main interface.

FEATURES



SP02

- Swipe from bottom to top thrice to enter the SP02 feature
- Wait for 5-10 secs for the reading to complete
- You can see more details on this on your Yfit app main interface

FEATURES



Breath Training

- Swipe from bottom to top until you reach "More".
- Click on "More" and then select the Breath.
- Enter the level of intensity and then touch to start the Breath Training.

FEATURES



Weather Updates

Swipe from left to right 3 times to see the weather forecast.

FEATURES



Music Control

- Swipe from bottom to top 4 times to enter the music controls.
- You can play/pause or change tracks to previous/next using this feature on the go.

FEATURES



Message Notifications

- Swipe from left to right once to open the messages tab.
- You can see up to last 5 messages received on this feature.

NOTE:

Watch can save the latest 5 new messages and new messages will automatically overwrite the first saved message.

FEATURES



How to access Other Menu

- Swipe from top to bottom on the main interface once.
- You will then see 3 dots, click on it to enter the "More" functions.

ADDITIONAL FEATURES



Camera Control

- Open the Yfit APP and go to device tab, scroll down to 'easy camera' and allow APP to access camera.
- On the watch, go to the "More" function and open the 'shutter' option.
- Now shake your wrist to take a selfie.

ADDITIONAL FEATURES



Stopwatch

- Open the "More" tab by swiping top to bottom once and then clicking on the 3 dots.
- Now scroll to 'Stopwatch' and click on it to start/reset your timer.

ADDITIONAL FEATURES



Brightness

- Open the "More" tab by swiping top to bottom once and then clicking on the 3 dots.
- Now scroll to 'Stopwatch' and click on it to start/reset your timer.

ADDITIONAL FEATURES



Sedentary Reminder

- Go to the Yfit APP.
- Under the 'Device' tab, turn on the sedentary reminder.
- You can set the timing for idle alert via the APP.

ADDITIONAL FEATURES



Call Reminder

- Go to the Yfit APP and select the 'Device' tab
- Click on the call reminder and enable it to receive call alerts

ADDITIONAL FEATURES



Alarm Clock

- Go to the Yfit app and select the 'Device' tab
- Click on the 'alarm' to add a new alarm or enable an existing alarm

ADDITIONAL FEATURES



Find my Phone

- Swipe top to bottom on the watch's main interface
- Click on the 3 dots
- Scroll down until 'find phone'
- Click on it to trigger an alarm on your phone to find it's position
- On the Yfit APP, click on the 'device' tab
- Then click on the 'Find band' option to send a trigger to your watch to find it (your watch will only vibrate)

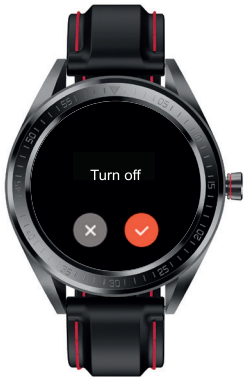
ADDITIONAL FEATURES



Restore Factory

- Swipe from top to bottom and click on the 3 dots to select the "More" features.
- Scroll down to 'Reset'. Click on it to reset your Crossbeats Trak smartwatch.

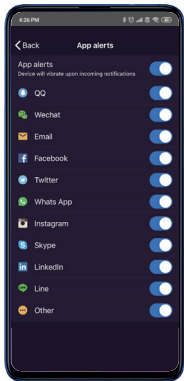
ADDITIONAL FEATURES



Power Off

- Swipe from top to bottom and click on the 3 dots to select the "More" features.
- Scroll down to 'Power Off'.
- Click on it to turn off your Crossbeats Trak smartwatch.

ADDITIONAL FEATURES



- Open the YFIT App
- Go to setting and turn on push notifications
- Select the Apps that you want to receive notifications from
- Ensure the phone and watch are connected via Bluetooth

OTHER SETTINGS



 +91 96112 93293

 +91 96112 93293

 support@crossbeats.com