OnePlus OnePlus Watch 2R

OnePlus Watch 2R Instruction Manual

Brand: OnePlus
Model: OnePlus Watch 2R

Introduction

The OnePlus Watch 2R is a sophisticated smartwatch designed to seamlessly integrate into your active lifestyle. It combines a classic aesthetic with cutting-edge technology, offering comprehensive fitness insights, robust performance, and exceptional battery endurance. This manual provides essential information for setting up, operating, maintaining, and troubleshooting your device.



Figure 1: OnePlus Watch 2R in Gunmetal Gray and a green variant.

Setup Guide

1. Unboxing and Initial Inspection

Upon opening the package, ensure all components are present. Your OnePlus Watch 2R package should include the smartwatch, watch straps, a charging cable, and a user guide.

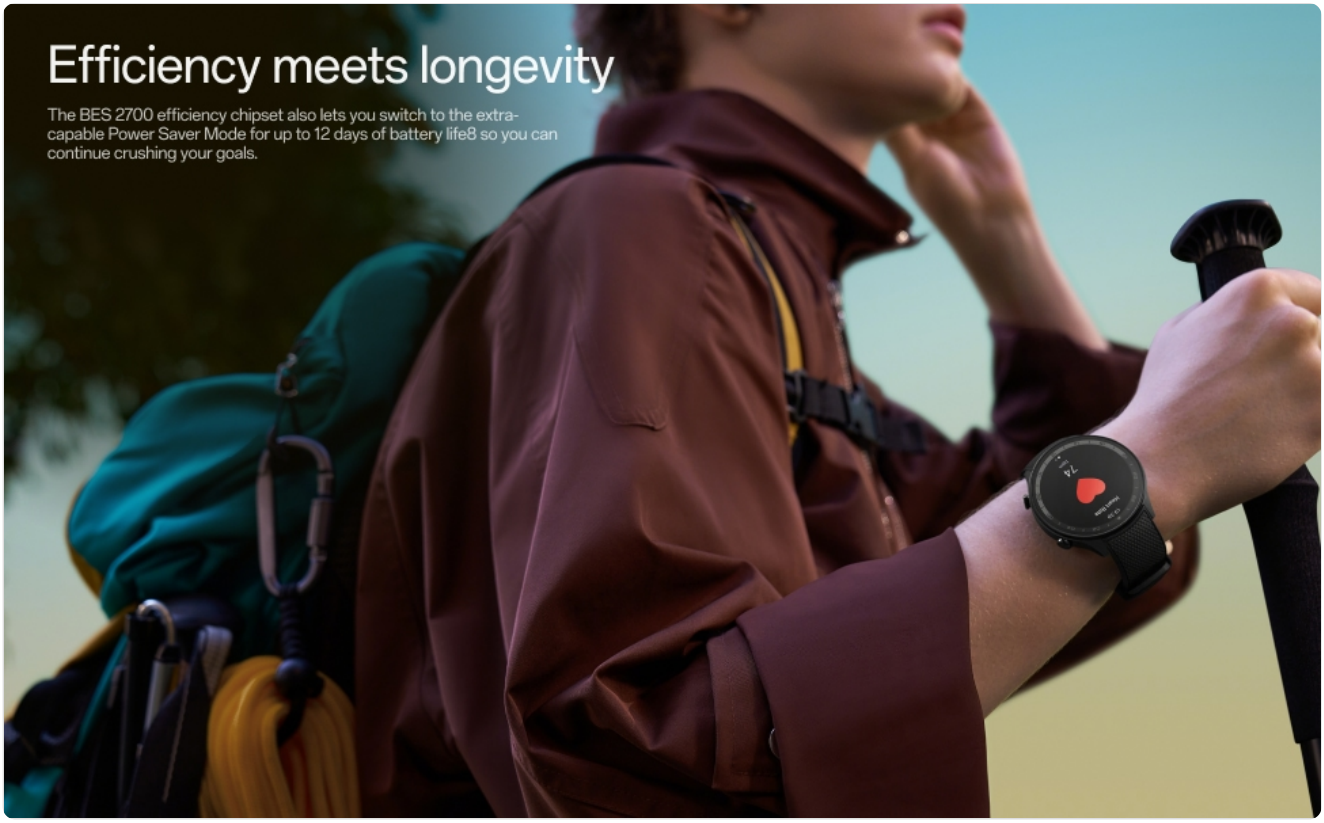


Figure 2: Unboxing the OnePlus Watch 2R and its accessories.

2. Charging Your Watch

Before first use, fully charge your OnePlus Watch 2R. Connect the provided charging adapter to the back of the watch, ensuring it clips securely. Plug the USB-C cable into a compatible power source. The watch features VOOC flash charging for quick power-ups.



Figure 3: OnePlus Watch 2R on a wrist, ready for use after charging.

3. Powering On and Initial Pairing

To power on your watch, press and hold the power button located on the side until the OnePlus logo appears. Follow the on-screen prompts to select your language and begin the pairing process. You will need to download the companion app on your smartphone (compatible with Wear OS by Google) to complete the setup and unlock all features.

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Video 1: Official overview of the OnePlus Watch 2R, demonstrating its features and design.

Operating Your Watch

Display and Navigation

The OnePlus Watch 2R features a vibrant 1.43-inch AMOLED display with Always-On Display (AOD) functionality. Navigate through menus and apps using touch gestures and the physical buttons on the side of the watch. The intuitive interface, powered by Wear OS 4, allows for smooth interaction.



Figure 4: Side profile of the OnePlus Watch 2R, showing its buttons.

Fitness and Health Tracking

Your smartwatch is equipped with advanced sensors for comprehensive health and fitness monitoring. It tracks VO2 Max, heart rate, stress levels, and sleep patterns to provide detailed insights into your well-being. With dual-frequency GPS (L1+L5 Beidou, GPS, Galileo, GLONASS, QZSS), it offers precise route tracking for outdoor activities.

- **Heart Rate Monitoring:** Continuously track your heart rate during workouts and throughout the day.
- **Sleep Monitoring:** Analyze your sleep stages and quality to help improve rest.
- **VO2 Max:** Gain insights into your cardiovascular fitness.
- **GPS Tracking:** Utilize precise dual-frequency GPS for accurate outdoor activity mapping, including running posture and gait records.
- **Sports Modes:** Choose from over 100 sports modes, including a professional badminton mode, for tailored tracking.

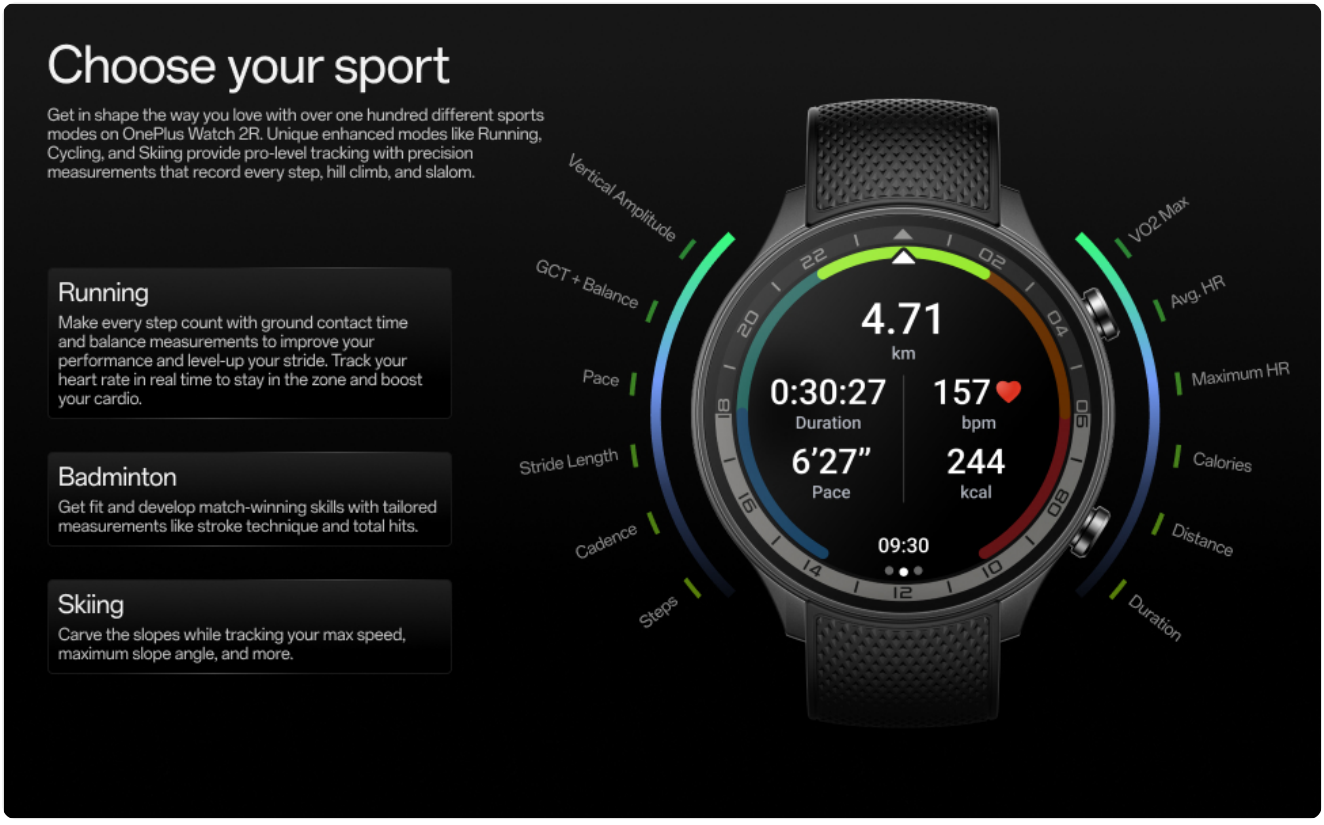


Figure 5: Tracking health and fitness data with the OnePlus Watch 2R.

Smart Features and Connectivity

The OnePlus Watch 2R runs on Wear OS 4, providing access to a wide range of Google Play apps directly from your wrist.

Enjoy seamless integration with your smartphone for notifications, calls, and messaging. With Bluetooth and Wi-Fi connectivity, stay connected and productive.

- **Google Assistant:** Use voice commands for quick tasks and information.
- **App Ecosystem:** Download and use your favorite apps from Google Play.
- **Notifications:** Receive and manage smartphone notifications directly on your watch.

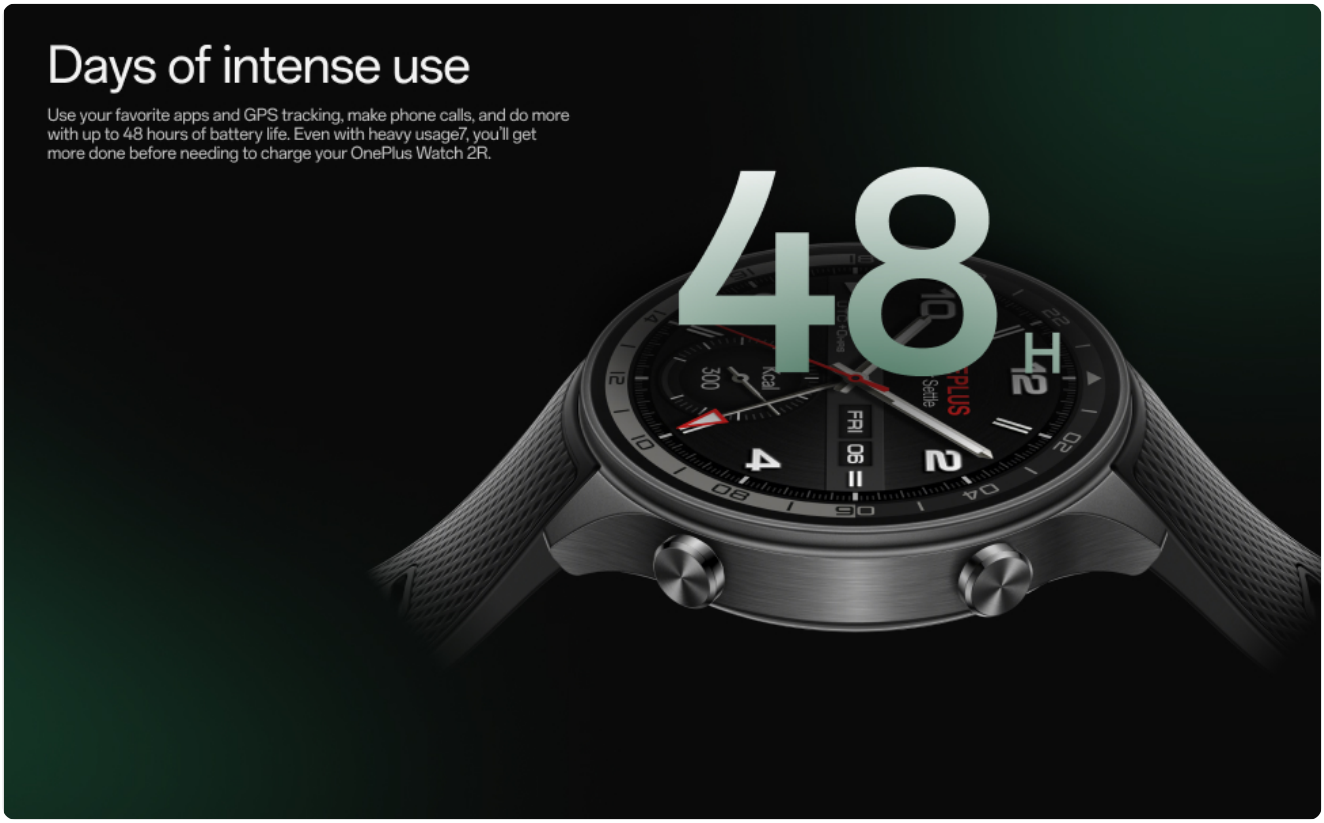


Figure 6: The app ecosystem available on the OnePlus Watch 2R.

Maintenance

Cleaning and Care

To ensure the longevity and optimal performance of your OnePlus Watch 2R, regular cleaning is recommended. Wipe the watch face and straps with a soft, damp cloth. Avoid using harsh chemicals or abrasive materials. The watch has an IP68 and 5 ATM rating, meaning it is resistant to dust and can withstand water pressure equivalent to a depth of 50 meters. However, it is not recommended for diving or high-pressure water activities.

Battery Life Optimization

The OnePlus Watch 2R boasts up to 100 hours of battery life under typical usage. To maximize battery life, consider adjusting screen brightness, limiting background app refresh, and disabling unnecessary notifications. The BES2700 chipset also allows for an extra-capable Power Saver Mode for up to 12 days of battery life.

Troubleshooting

If you encounter issues with your OnePlus Watch 2R, try the following common troubleshooting steps:

- **Watch Not Turning On:** Ensure the watch is fully charged. Connect it to the charger and wait a few minutes before

attempting to power it on again.

- **Pairing Issues:** Make sure Bluetooth is enabled on your smartphone and the watch is in pairing mode. Restart both devices and try pairing again. Ensure the companion app is updated to the latest version.
- **Inaccurate Tracking:** Ensure the watch is worn snugly on your wrist. For GPS, ensure you have a clear view of the sky. Calibrate sensors if an option is available in the app.
- **Notifications Not Appearing:** Check notification settings on both your watch and smartphone. Ensure the companion app has necessary permissions.
- **Slow Performance:** Close unnecessary background apps on the watch. Restart the watch to clear temporary data.

For persistent issues, refer to the official OnePlus support website or contact customer service.

Specifications

Feature	Detail
Product Dimensions	47 x 46.6 x 12.1 inches
Item Weight	8.4 ounces
Item Model Number	OnePlus Watch 2R
Batteries	1 Lithium Ion batteries required (included)
Operating System	WearOS
Connectivity Technologies	Bluetooth, Wi-Fi
GPS	Dual Frequency L1+L5 Beidou, GPS, Galileo, GLONASS, QZSS
Special Features	Wear OS 4 (Sync, Google fast pair, notification mirroring), Wellness vitals, IP68+5 ATM, 2GB + 32GB storage, Dual Frequency GPS, Running posture and gait records, Professional badminton mode, 100 hours Day Battery Life + VOOC flash charging, Snapdragon W5 Gen 1 + BES2700 chipsets, Heart rate, Stress, and sleep monitoring, VO2 Max, blood oxygen
Display Technology	AMOLED
Human Interface Input	Buttons
Scanner Resolution	416 x 416
Color	Gunmetal Gray

Battery Power Rating	500 Milliamp Hours
What's in the box	Watch Straps, Charger, Guide
Manufacturer	OnePlus
Country of Origin	China
Date First Available	September 1, 2024
Standing Screen Display Size	1.43 Inches
Memory Storage Capacity	32 GB
RAM Memory Installed Size	2 GB

Warranty and Support

Warranty Information

The OnePlus Watch 2R comes with a standard manufacturer's warranty. Please refer to the warranty card included in your product packaging for specific terms, conditions, and duration. Keep your proof of purchase for warranty claims.

Customer Support

For further assistance, technical support, or service inquiries, please visit the official OnePlus support website or contact their customer service hotline. You can find detailed contact information in the user manual provided with your watch or on the OnePlus official website.