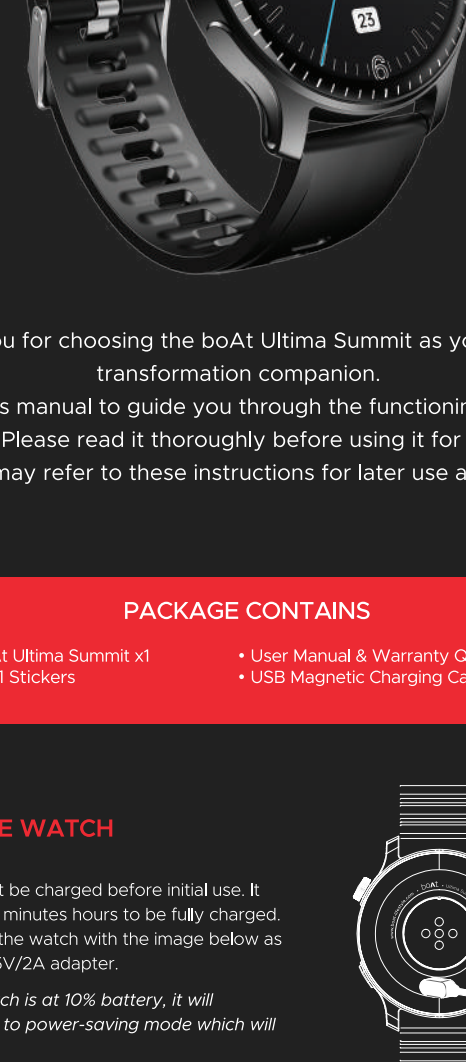


USER MANUAL



Thank you for choosing the boAt Ultima Summit as your fitness transformation companion.

Allow this manual to guide you through the functioning of your smartwatch. Please read it thoroughly before using it for a smooth sail.

You may refer to these instructions for later use as well.

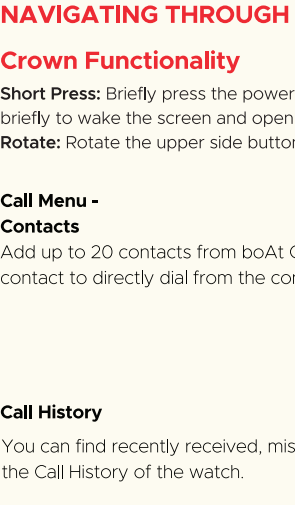
PACKAGE CONTAINS

- boAt Ultima Summit x1
- 5 + 1 Stickers
- User Manual & Warranty QR card x1
- USB Magnetic Charging Cable x1

CHARGING THE WATCH

The smartwatch must be charged before initial use. It takes up to 1 hour 30 minutes hours to be fully charged. Connect and charge the watch with the image below as a reference, using a 5V/2A adapter.

Note: Once your watch is at 10% battery, it will automatically switch to power-saving mode which will disable all functions.



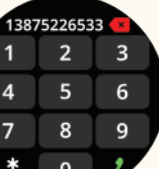
TURNING THE WATCH ON/OFF

To restart or turn the watch on/off, long press the upper side button for 3-5 seconds.

You can wake up the screen by lifting your wrist.

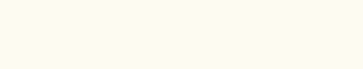
CONNECTING TO THE APP

1. Download the boAt Crest app on your phone. Available on both App Store (iOS 14.0 and above) and Google Play Store (Android 7.0 and above).



Scan [QR CODE] (Also available on the watch)

2. Connect the device with the boAt Crest app; ensure that the phone's Bluetooth, as well as the GPS functionalities, are turned on.
3. Select Ultima Summit on the app's home screen and click pair to connect.
4. Once connected, you will get an alert to connect with ULTIMASUMMIT_XXXX, click pair if you need to receive or make calls from the watch.
5. To use all your Ultima Summit features seamlessly, tap on 'yes' to the 'connection' and 'grant access' system prompts.
6. Disable battery optimization.



Note: To ensure connectivity throughout your journey, make sure the app is allowed to always run in the background of your phone.

SYNCING YOUR SMARTWATCH TO THE APP

Data Synchronization

- Open the app on your phone.
- Make sure your Ultima Summit is connected to the app.
- Synchronization will start automatically once you enter the app interface.

Note: Synchronize data at least once every day to avoid data loss in the watch.

NAVIGATING THROUGH THE FUNCTIONS

Crown Functionality

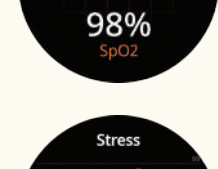
Short Press: Briefly press the power button (or upper side button) briefly to wake the screen and open the main menu.

Rotate: Rotate the upper side button to scroll through the main menu.

Call Menu -

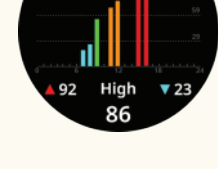
Contacts

Add up to 20 contacts from boAt Crest app. You can select any contact to directly dial from the contacts of the watch.



Call History

You can find recently received, missed, and outgoing call logs in the Call History of the watch.



Dial

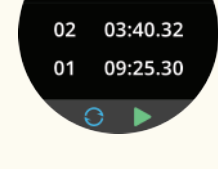
You can use the dial pad to dial any phone number for calling.



Sports

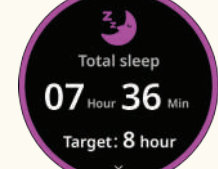
Choose from multiple sports modes like Walking, treadmill, Running, Badminton, Football, Basketball, Tennis, Yoga, Dancing, Cycling, Indoor Cycling, etc. The watch has 10 default activities and also supports multiple activity modes, where you can push the desired activity from the app to the watch. You can also personalize the watch by modifying the order of the different activities and adding/removing activities.

Tap on any sports mode to start the activity and the watch will start recording the duration of the activity. Press the upper side button to pause or stop the activity. The activity will not be recorded if it is less than 3 mins.



Activity Record

Sync your smartwatch to the app to get a detailed record of your activities.



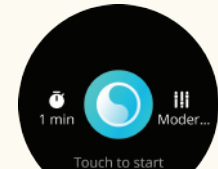
Activity

Tap on this icon to check your daily activity data like step count, calories and distance covered.



Heart Rate

Wear the watch on your wrist, then click on the icon to start measurements. You can also view the data on the app.



SpO2 Monitoring

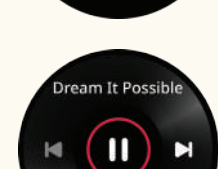
Wear the watch on your wrist, then click on the icon to start measurements. You can also view the data on the app.



Stress

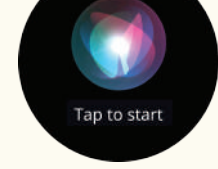
Click this option to start stress monitoring. Make sure you wear your watch on your wrist properly to get the accurate results. Analysis of the measurement is:

Relax: 0-25
Normal: 26-50
Moderate: 51-75
Overstress: 76-100



Stopwatch

Click on this to start the stopwatch on your watch.



Notification

You can check all the notifications from here.



Sleep

Tap on this icon to review the sleep data of the previous night. Once the asleep criteria are met, your smartwatch will start recording from 8 pm at night to 10 am in the morning the next day. Once you lie down and watch detects no movement for 30 minutes, it will start recording, and will stop recording if it detects excessive movement.

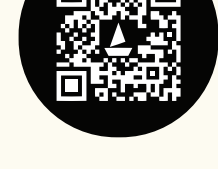
You can check the data on the app only after the awake criteria is met.

You can also track sleep scores on the boAt Crest app.



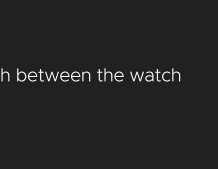
Weather

Connect with the boAt Crest app to get daily weather updates on the watch.



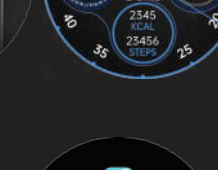
Breathing Exercise

Click on the breath exercises icon to regulate your breathing by doing breathing exercises. You can set the time and intensity level of the exercise.



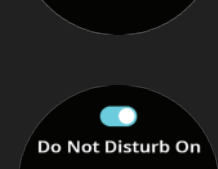
Alarm

Tap on this to set an alarm on your watch.



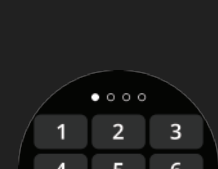
Camera Control

Tap on this to remote camera icon on your smartwatch to click a photo from your phone.



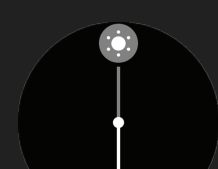
Music Control

Tap on the remote music control icon on your watch to play music from your phone. During music playback, you can control play, pause, next track, previous track, volume up and down from the watch.



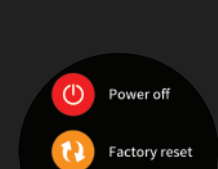
Timer

Tap on this to turn on the timer.



Voice Assistant

Tap on this to enable the voice assistant feature and give the command from the watch.



Find My Phone

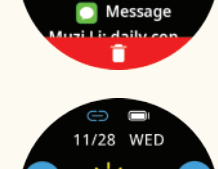
Tap on this icon to find your phone. Once enabled, your phone will start ringing and vibrating. Press the button to stop it.



Note: Your smartwatch should be connected to your phone via Bluetooth and within the connectivity range for this feature to work.

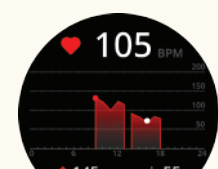
Calendar

Click on the calendar to check the date, day, and month.



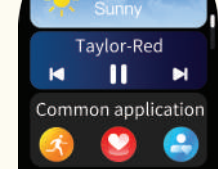
Game

Tap on this icon to access and play the built-in game.



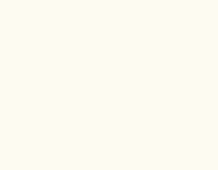
World Clock

Click on this to check the time across the globe.



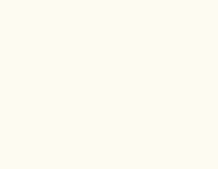
Calculator

Use the calculator for mathematical calculations.



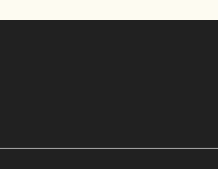
SOS

Turn on the SOS option to quickly call for help in case of an emergency.



Download App

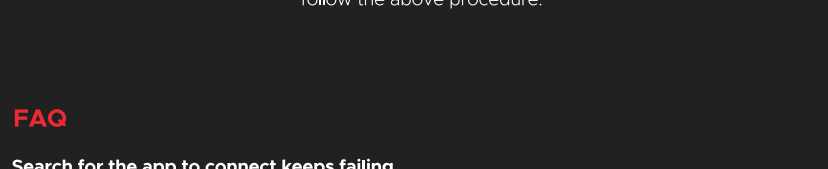
Scan and download the boAt Crest app from here.



SETTINGS

Watch Faces

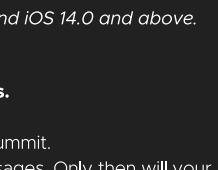
You can access the home screen or rotate the side button to switch between the watch faces. You can choose from 6 default watch faces.



General

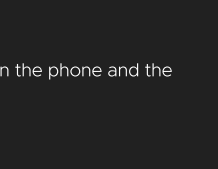
Wake Gesture

Tap on this to enable wake gesture. You can schedule the wake gesture feature on the watch.



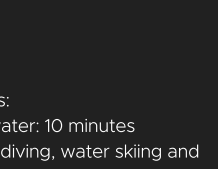
Do not Disturb

Tap on this to turn on the Do Not Disturb mode.



Password

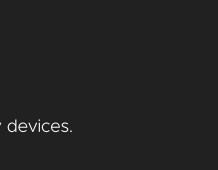
Tap on this to set or change password on your smartwatch.



Always on Display

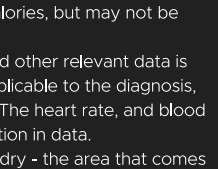
Enable the Always on Display feature to keep the smartwatch screen constantly visible, even when not in active use.

Note: The battery will drain quickly once this mode is enabled.



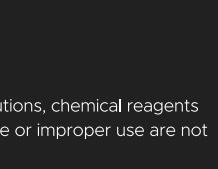
Brightness

Tap on this to adjust the brightness.



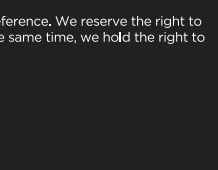
Theme

Tap on this icon to set the theme. There are 4 themes you can choose from.



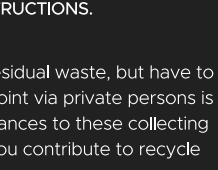
System Menu

Tap on this to power off, factory reset or reboot the smartwatch.



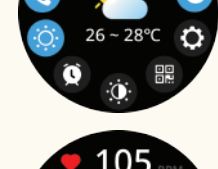
About

Shows the device details.



SWIPE UP TO ACCESS MESSAGES

You can check your phone messages over here.



SWIPE DOWN FOR THE SHORTCUT MENU

You can access DND, App QR Code, Brightness, Alarm, Always On Display, Enable Bluetooth Calling, and Settings from here.



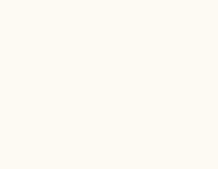
SWIPE LEFT TO ACCESS ALL DATA

You can access the heart rate, daily activity record, stress monitor, SpO2, sleep data, weather, music control, call menu, and customize shortcuts option. Alternatively, you can swipe right to go back to previous tab.



SWIPE RIGHT TO ACCESS THESE FUNCTIONS

You can access weather, music, and recently used functions from here.



LOWER SIDE BUTTON FUNCTIONALITY

Press the lower side button to access the default sports modes.



CREST APP BASED FUNCTIONALITY

Female Wellness Tracker

Stay in tune with your body using the Female Wellness Tracker. Follow the steps below to track your menstrual cycle:

Open the Crest app.
Go to Settings.
Select Watch Features, then choose the Female Wellness Tracker option to get reminders related to:

- Menstrual cycle
- Ovulation

Once configured, you'll receive timely notifications related to your menstrual cycle.

Nudges

Stay motivated and on track with your fitness goals using Nudges. How to Use:

- Go to Settings and enable Nudges under Watch Features.
- Receive activity-based encouragement tailored to your fitness data.

PRODUCT PARAMETERS

Model	boAt Ultima Summit
Screen type	1.43" HD Display
Battery capacity	300mAh
Net weight	23g
Bluetooth version	Bluetooth v5.3
Working temperature	0°C-55°C
Charging time	1 hour 30 minutes
Working time	Up to 10 days
Water Resistance	IP68

Note: The net weight will differ according to different straps.

MAINTENANCE

Regularly clean your wrist and the strap of the smartwatch, especially after sweating during exercise or being exposed to substances such as soap or detergent, which may get stuck on the other end of the product.

Do not wash the strap with a household cleanser. Please use soap-less detergent, rinse thoroughly and wipe with a piece of soft towel or napkin.

For spots or stains that are not easy to remove, scrub the area with rubbing alcohol and then follow the above procedure.

FAQ

Search for the app to connect keeps failing.

1. Keep the boAt Crest app updated to the latest version.
2. Close all the programs on the watch → Stop and restart Bluetooth and GPS → Connect again
3. Check and enable the notification functions of your phone and keep the phone and watch in close contact.

Note: Make sure your phone system meets Android 7.0 and above and iOS 14.0 and above.

My Watch Ultima Summit is receiving no alerts, texts, or phone calls.

Make sure smart reminders on the app are on and synced to Ultima Summit. Also, make sure the notification center of the phone is displaying messages. Only then will your smartwatch also display those notifications.

Make sure the app is running in the background and the battery optimization feature on the phone is disabled.

My Bluetooth keeps getting disconnected.

1. Make sure there is not more than 7m distance between Bluetooth on the phone and the watch.
2. There is no obstacle between the watch and the phone.
3. Make sure the app is running in the background.

Which functions of Ultima Summit need Bluetooth to work?

Call & Text Notifications, Find My Phone, music control, camera control, weather forecast, and Bluetooth calling need Bluetooth connectivity to work.

Will it be okay to take a bath wearing Ultima Summit?

The IP68 water resistance will only work under the following conditions:

- (1) Maximum depth of water: 1.5m (2) Maximum time for exposure to water: 10 minutes

The watch isn't suitable for hot baths, hot springs, saunas, snorkelling, diving, water skiing and other wading or deep-water activities with high-speed water flow.

SAFETY & PRODUCT INFORMATION

Battery

- Do not disassemble, bore or damage the battery.
- Do not disassemble the built-in batteries of non-replaceable battery devices.
- Do not use sharp objects to remove the battery.

Health Warning

- If you are wearing a pacemaker or other implanted electronic devices, please consult your doctor before using the heart rate monitor of the watch.
- The optical heart rate sensor will glow green. If you suffer from epilepsy or are sensitive to flashing light sources, please consult your physician before wearing this device.
- The device tracks your daily activities through sensors. This data is intended to tell you about your daily activities such as steps, sleep, distance, heart rate and calories, but may not be completely accurate.

- The device accessories, heart rate sensor, oxygen level monitor, and other relevant data is designed for fitness and not for medical purposes. They are not applicable to the diagnosis, monitoring, treatment or prevention of any diseases or symptoms. The heart rate, and blood oxygen are for reference only. We're not responsible for any deviation in data.
- Avoid wearing the watch too tightly. Make sure you keep your skin dry - the area that comes in contact with the watch. If symptoms such as redness or swelling appear on your skin, immediately stop using the watch and consult the doctor.

Things to Keep in Mind

- Sync data everyday days to avoid data loss.
- Water Resistance will not work for seawater, acidic and alkaline solutions, chemical reagents and other corrosive liquid. The damage or defects caused by misuse or improper use are not covered by the warranty.
- Sports modes support up to 6 hours of exercise at a time.
- Avoid wearing the watch too tight in daily use. Keep the parts of skin touching the watch dry.
- Keep your arm still while measuring data for accurate measurement.

Disclaimer: This product is an electronic monitoring product and is not intended as a medical reference. We reserve the right to modify or improve any of the functions described in this manual without any prior notice. At the same time, we hold the right to continuously update the product contents.

CAUTION

RISK OF EXPLOSION IF BATTERY IS REPLACED BY AN INCORRECT SUBSTITUTE.

DISPOSE OF USED BATTERIES ACCORDING TO THE INSTRUCTIONS.

Old electrical appliances must not be disposed of together with the residual waste, but have to be disposed of separately. The disposal of the communal collecting point via private persons is for free. The owner of old appliances is responsible to bring the appliances to these collecting points or to similar collection points. With this little personal effort, you contribute to recycle valuable raw materials and treatment of toxic substances.